

KIRKWOOD BY THE RIVER
DECEMBER 3 - DECEMBER 9, 2017

SUNDAY 3	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9
ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE
PINEAPPLE JUICE	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT
GRAPEFRUIT	MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	FRENCH TOAST
BISCUITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
GRITS	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
OATMEAL	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/ POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)
EGGS (SCRAMBLED/POACHED)	BACON	SAUSAGE	PAN SAUSAGE	BACON	PAN SAUSAGE	BACON
HAM						
VEGETABLE	BROCCOLI & CHEESE	CHILI	VEGETABLE BEEF	CHICKEN GUMBO	MINESTRONE	TOMATO BASIL
AMBROSIA	TOSSED	TOMATO & FETA	CUCUMBER & ONION	FRUIT JELLO	CAESAR'S	MACARONI
TROPICAL FRUIT	FRUIT COCKTAIL	GRAPES	ORANGE SLICES	PEARS	APPLESAUCE	MANDARIN ORANGES
MEATLOAF	BBQ PORK TENDERLOIN	CRAB CAKE	CHICKEN POT PIE	PINEAPPLE GLAZED PORK	FRIED SHRIMP	HOT DOG ON BUN
BAKED CATFISH	REUBEN ON MARBLE RYE	ROASTED CORNISH HEN	FRENCH DIP W/ AU JUS	FRIED CHICKEN	BAKED PASTA W/ TURKEY	CHICKEN CORDON BLEU
LOADED MASHED POTATOES	BAKED BEANS	BABY BAKER POTATOES	STEAK FRIES	STEWED APPLES	CREAMED SPINACH	FRIES
ROASTED GARLIC EGGPLANT	CORN NUGGETS	FRIED MUSHROOM	FIELD PEAS	LOADED MAC & CHEESE	BAKED POTATO	SCALLOPED POTATOES
GREEN PEAS	COLLARD GREENS	STEWED TOMATOES	WHOLE OKRA	MIXED GREENS	STEAMED BROCCOLI	CAULIFLOWER CASSEROLE
RUTABAGAS	BABY CARROTS	SEASONED ZUCCHINI	STEAMED CABBAGE	MIXED VEGETABLES	BREAD PUDDING W/ SAUCE	HARVARD BEETS
ASSORTED DESSERTS	POUND CAKE	COCONUT CAKE	BANANA PUDDING	ASSORTED DESSERTS		PEANUT BUTTER COOKIES
VEGETABLE	BROCCOLI & CHEESE	CHILI	VEGETABLE BEEF	CHICKEN GUMBO	MINESTRONE	TOMATO BASIL
PASTA	SLICED TOMATOES	SOUR CREAM & FRUIT	POTATO SALAD	FRUIT JELLO	TOSSED SALAD	PEACHES & COTTAGE CHEESE
APRICOTS	PINEAPPLE	APPLESAUCE	PEACHES	APPLE	TROPICAL	BANANA
SMOTHERED PORK CKOP	ROAST BEEF W GRAVY	PORK ROAST W GRAVY	GLAZED HAM	CHICKEN PASTA PRIMAVERA	SPAGHETTI W/ MEATSAUCE	ROASTED PORK
BAKED FISH	CHICKEN TENDERS	FRIED OYSTERS PO'BOY	SALISBURY STEAK	SLOPPY JOE ON BUN	LEMON CAPER BAKED FISH	SHRIMP NEWBERG
MASHED SWEET POTATOES	WILD RICE	CHIPS	BAKED SWEET POTATO	SLAW	ROSEMARY POTATOES	BUTTERED RICE
RICE PILAF	ONION RINGS	DRY LIMA	BROCCOLI AND CAULIFLOWER	ASPARAGUS	GARLIC BREAD	MASHED POTATOES
ROASTED TOMATO	VEGETABLE BLEND	FRIED OKRA	SAUTEE GREEN BEAN	SWEET POTATO FRIES	GREEN BEAN MEDLEY	SPINACH
BRUSSEL SPROUTS	SPINACH	ROASTED SQUASH	BUTTERED RICE	KEY LIME PIE	ROASTED BUTTERNUT SQUASH	VEGETABLE BLEND
SUGAR COOKIES	BROWNIE	CHERRY COBBLER	TURTLE COOKIES		CHOCOLATE CAKE	LEMON PIE
		PLEASE NOTE THAT DAILY MENUS WILL HAVE A HEART NEXT THAT ITEM TO DONOTE A HEARTY CHOICE MEAL				
		YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET				
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