

**KIRKWOOD BY THE RIVER
JANUARY 7-13, 2018**

SUNDAY 7	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	ORANGE JUICE	APPLE JUICE
PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	GRAPEFRUIT
MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	BISCUITS	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)
HAM	BACON	SAUSAGE	PAN SAUSAGE	BACON	SAUSAGE	BACON
CREAM OF MUSHROOM	LOADED POTATO	CHICKEN NOODLE	TOMATO BASIL	MINESTRONE	CHICKEN WILD RICE	PARMESAN SAUSAGE KALE
TOMATOES & FETA	FRUIT JELLO	AMBROSIA	PASTA	POTATO SALAD	SLAW	SOUR CREAM & FRUIT
FRUIT COCKTAIL	APPLE SLICES	TROPICAL	MANDARIN ORANGES	PINEAPPLE	BANANA	PEACHES
BBQ CHICKEN	CUBED STEAK W/ ONION GRAVY	LASAGNA	GRILLED CHICKEN	GLAZED HAM	PORK ROAST W/MUSHROOM GRAVY	SALMON W/ REMOLAUDE
SWORDFISH W/ LEMON BUTTER SAUCE	FRIED COD	PAN SEARED CHICKEN	PASTA WITH MEATSAUCE	TURKEY W/ GRAVY	FRIED TILAPIA	TURKEY POT PIE
BRUSSEL SPROUTS	SLAW	GARLIC BREAD	GLAZED CARROTS	MASHED POTATOES	STEWED APPLES	WILD RICE
ANGEL HAIR PASTA	MUSTARD GREENS	FRIED MUSHROOMS	SPINACH	DRESSING W/ CRANBERRY SAUCE	JASMINE RICE	VEGETABLE BLEND
BAKED BEANS	BUTTERED RICE	RICE PILAF	SAUTEE GREEN BEANS	SQUASH & ONIONS	FRIES	FRIED OKRA
SAUTEE GREEN BEANS W/ MUSHROOMS	BLACKEYE PEAS	VEGETABLE BLEND	BROWINE	GREEN BEANS	SAUTEE BRUSSEL SPROUTS	ROASTED BUTTERNUT SQUASH
ASSORTED DESSERTS	APPLE PIE	CHEESECAKE		ASSORTED DESSERTS	OATMEAL RAISIN COOKIES	KEY LIME PIE
CREAM OF MUSHROOM	LOADED POTATO	CHICKEN NOODLE	TOMATO BASIL	MINESTRONE	CHICKEN WILD RICE	PARMESAN SAUSAGE KALE
MACARONI	SLICED TOMATO	AMBROSIA	PASTA	TOSSED SALAD	CUCUMBER & ONION	CAESAR'S SALAD
SLICED PEARS	ORANGE SLICES	PEACHES	APPLESAUCE	GRAPES	APRICOTS	TROPICAL FRUIT
BAKED HAM	PORKLOIN W/ PEACH GLAZE	ROAST BEEF W/ GRAVY	BBQ PULLED PORK	FRIED CHICKEN	TACO SALAD	CORNED BEEF
HAMBURGER ON BUN	SHRIMP COCKTAIL	CHICKEN & DUMPLINGS	PECAN CRUSTED CATFISH	BEEF STROGANOFF	LEMON PEPPER CHICKEN	CHICKEN PARMESAN
ONION RINGS	CORN ON THE COB	SCALLOPED POTATOES	ARTICHOKE HEARTS W/ LEMON BUTTER	MAC & CHEESE	SEASONED COUSCOUS	ANGEL HAIR W/ MARINARA SAUCE
MASHED SWEET POTATOES	BAKED POTATO	FRIED OKRA	FRIED CORN	COLLARD GREENS	KALE	NEW POTATOES
FRESH FRUIT	SLICED CARROTS	PEAS & CARROTS	WILD RICE	BROCCOLI	BLACK BEANS	CABBAGE
SQUASH CASSEROLE	TURNIP GREENS	PEANUT BUTTER PIE	SEASONED SQUASH & ONIONS	COCONUT CAKE	EGG CUSTARD	FRIED ZUCCHINI
ASSORTED COOKIES	SWEET POTATO PIE		CARROT CAKE			POUND CAKE

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL
YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET