



# SEPTEMBER 2017 INDEPENDENT LIVING

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

## HAPPY BIRTHDAY!

Robbie Sevier  
Ann Burnette  
Jimmy Shepherd  
Bob Holiman  
Scott Downs  
Jon Sanford  
Jane Elliott  
Charlie Moss

3<sup>rd</sup>  
3<sup>rd</sup>  
7<sup>th</sup>  
9<sup>th</sup>  
13<sup>th</sup>  
14<sup>th</sup>  
15<sup>th</sup>  
16<sup>th</sup>

Nancy Hopson  
Juanita Hoskins  
Bud VanDeman  
Dot Taylor  
Margaret Swatzell  
Thea Klip  
Forney Hughes  
Bill Penn

16<sup>th</sup>  
19<sup>th</sup>  
23<sup>rd</sup>  
23<sup>rd</sup>  
26<sup>th</sup>  
27<sup>th</sup>  
27<sup>th</sup>  
30<sup>th</sup>

### CLAUDIA REACH

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### CATHY MCMILLAN

Programs Assistant



### 1 INT'L ENTHUSIASM WK

9:00 Exercise (CR)  
\*10:00 Sam's Club  
10:30 Ricky/Mary Anne  
Banjo/Vocals (SN)  
\*1:15 Walgreens & CVS  
1:30 Black Jack Cards(CR)  
3:00 Hymnathon  
Ray Reach(CR)  
7:00 Friday Movie (C)

### 2 WORLD BEARD DAY

10:30 Jigsaw Puzzle Mania (GR)  
12:15 Connie Skellie Violin Serenade Main Dining Room  
6:00 Lawrence Welk Show on TV Channel 4  
AUBURN VS GEORGIA SO. ALABAMA VS FLORIDA ST.

### 3 NAT'L DAY OF PRAYER AND REMEMBRANCE

\*9:15 IPC Sunday School  
\*10:15 IPC Worship  
3:00 Sunday Afternoon Matinee (H)

### 4 HAPPY LABOR DAY

No Exercise Today!  
10:00 Women's Coffee & Conversation (H)  
1:30 Bridge Games (GR)  
3:30 Johnny Wayne Abbott-Willie Nelson Tribute (CR)  
7:00 BINGO Night (CR)

### 5 BE LATE FOR SOMETHING DAY

10:00 Men's Coffee & Conversation (H)  
No Bible Study Today!  
2:00 Residents' Association Meeting (C)  
3:30 Karen Utz Sloss Furnaces Program (C)

### 6 HAPPY CAT MO.

9:00 Exercise (CR)  
\*9:30 Publix  
10:00 Cntg Prayer (CR)  
10:30 Bingo (SR)  
\*1:15 Winn Dixie  
2:30 Mahjong with Lena (GR)  
4:00 Residents' Social Hour (CR)

### 7 NEITHER SNOW NOR RAIN DAY

\*8:15 Breakfast Holler and Dash  
11:00 Worship & Communion (C)  
1:15 Mexican Train Dominos (CR)  
2:30 Pool Therapy (P)  
3:15 Aquatic Stretching (P)  
3:30 The Leeds Connection (CR)

### 8 HUG YOUR BOSS DAY

9:00 Exercise (CR)  
10:30 Ricky/Mary Anne  
Banjo/Vocals (SN)  
\*1:15 Dollar Tree and Steinmart  
2:00 Book Club (L)  
3:30 Marian-Vern-Jon Vocals/Piano/Bass (CR)  
7:00 Friday Night Movie (C)

### 9 WONDERFUL WEIRDOS DAY

10:30 Rosary with Ann Cote' (SR)  
10:30 Jigsaw Puzzle Mania (GR)  
4:00 Gather and Gab with Jessie (CR)  
6:00 Lawrence Welk Show on TV  
ALABAMA VS FRESNO ST. AUBURN VS CLEMSON

### 10 GRAND PARENTS DAY

\*9:15 IPC Sunday School  
\*10:15 IPC Worship  
3:00 Sunday Afternoon Matinee (H)

### 11 NEVER FORGET PATRIOT DAY

9:00 Exercise (CR)  
9:30 WaterColor (CR)  
10:00 Women's C & C (H)  
10:00 South Highland Women's Circle (L)  
10:00 Free Mending (CR)  
1:30 Karla Stamps  
The Heroes of 9-11 (CR)  
1:30 Bridge (GR)  
7:00 BINGO Night (CR)

### 12 NAT'L DAY OF ENCOURAGEMENT

9:00 Massage Therapy (KW)  
10:00 Men's C & C (H)  
\*10:45 Lunch at Roots and Revelry  
2:00 Bible Study w/ The Rev. Hanna-9-11 Reflections (C)  
3:30 Camping Cutups with Linda Henry (C)

### 13 INT'L Chocolate DAY

9:00 Exercise (CR)  
\*9:30 Publix  
10:30 Bingo (SR)  
\*1:15 Winn Dixie  
4:00 Residents' Social Hour (CR)

### 14 LIVE CREATIVE DAY

10:00 Kirkwood Singers (CR)  
11:00 Worship with The Rev. Hanna (C)  
2:30 Pool Therapy (P)  
3:15 Aquatic Stretching (P)  
3:30 Patrick Calvert (CR)  
Guitar/Vocals Down Memory Lane

### 15 NAT'L CHEESE TOAST DAY

9:00 Exercise (CR)  
\*10:00 Wal-Mart  
10:30 Ricky & Mary Anne  
Banjo/Vocals (SN)  
\*1:15 Target and The Pinnacle Shops  
1:30 Hand and Foot Card Game (CR)  
3:30 Surprise Package Female Vocals (CR)  
7:00 Movie Night (C)

### 16 BIG WHOPPER LIAR DAY

10:30 Jigsaw Puzzle Mania (GR)  
6:00 Lawrence Welk Show on TV Channel 4  
AUBURN VS MERCER ALABAMA VS COLO. ST.



# SEPTEMBER 2017 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY											
<p><b>17 CONSTITUTION WEEK</b> </p> <p><b>*9:15 IPC Sunday School*</b></p> <p><b>*10:15 IPC Worship*</b></p> <p>3:00 <u>Ray Reach and Gaines Brake</u> (CR)</p> <p>Piano/Vocals/Sax</p>	<p><b>18 AIR FORCE BIRTHDAY</b> </p> <p>9:00 Exercise (CR)</p> <p>9:30 Water Color Wonder (CR)</p> <p>10:00 Women's Coffee and Conversation (H)</p> <p>1:30 Bridge (GR) </p> <p><b>2:30 September Birthdays Celebration</b> (CR) </p> <p>3:30 Mexican Train Dominos (L) </p> <p>7:00 <b>BLINGO</b> Night (CR)</p>	<p><b>19 PODIATRIST TODAY!</b> </p> <p><b>*9:30 Lunch-Lolly-Gagging &amp; Lookout at Guntersville State Park Lodge &amp; Pine Crest Restaurant*</b> </p> <p>10:00 Men's Coffee &amp; Conversation (H)</p> <p><b>4:00 Bible Study with Rev. Joseph Kassab from Lebanon</b> (C) </p> <p></p>	<p><b>20 POLLUTION PREVENTION WK</b> </p> <p>9:00 Exercise (CR) </p> <p><b>*9:30 Publix*</b></p> <p>10:30 Bingo (SR) </p> <p><b>12:00 Tips to Avoid \$\$\$ Exploitation</b> (CR)</p> <p><b>*1:15 Winn Dixie*</b></p> <p>2:30 Mahjong with <u>Carol Melton</u> (GR) </p> <p>4:00 Residents' Social Hour (CR) </p>	<p><b>21 INT'L DAY OF PEACE</b> </p> <p><b>11:00 Worship with The Rev. Richard Hanna</b> (C) </p> <p>1:50 Hand in Paw Pet Therapy </p> <p>2:30 <u>Niki Sepsas</u> (C)</p> <p> <b>Valor in the Pacific</b></p> <p>2:30 Pool Therapy (P) </p> <p>3:15 Aquatic Stretching (P) </p> <p>7:00 Thursday Evening Film "Held Hostage" (C)</p>	<p><b>22 LOVE NOTE DAY</b> </p> <p>9:00 Exercise (CR)</p> <p>10:30 <u>Ricky and Mary Anne</u> Banjo/Vocals (SN) </p> <p><b>*1:15 Shops at Grand River*</b> </p> <p>2:30 <u>Jerry Levin</u> (CR)</p> <p>"Held Hostage" Film Discussion-Unfinished Business in the Middle East and the Dysfunctional Family of Abraham</p> <p>7:00 Friday Movie (C) </p>	<p><b>23 CHECKERS DAY</b> </p> <p>10:30 Rosary with <u>Ann Cote'</u> (SR) </p> <p>10:30 Jigsaw Puzzle Mania (GR) </p> <p>6:00 Lawrence Welk Show on TV Channel 4 </p> <p> <b>ALABAMA VS VANDERBILT</b></p> <p> <b>AUBURN VS MISSOURI</b></p>											
<p><b>24 GOLD STAR MOTHER'S DAY</b> </p> <p><b>*9:15 IPC Sunday School*</b></p> <p><b>*10:15 IPC Worship*</b></p> <p>3:00 Sunday Afternoon Matinee (H) </p>	<p><b>25 FAMILY DAY</b> </p> <p>9:00 Exercise (CR)</p> <p>10:00 Women's C &amp; C (H)</p> <p><b>*10:20 IPC Men's Luncheon*</b> </p> <p>10:30 Boccia Ball with <u>Foxy</u> (CR) </p> <p>1:30 Bridge Games (GR)</p> <p>2:00 Art with <u>She She</u> (CR) </p> <p>4:00 <u>Dolores Hydock</u> "Literary Hour" (C) </p> <p>7:00 <b>BLINGO</b> Night (CR)</p>	<p><b>26 NAT'L DOG WK</b> </p> <p><b>*US SENATE RUNOFF*</b></p> <p>9:00 Massage Therapy (KW) </p> <p>10:00 Men's C &amp; C (H)</p> <p><b>*10:00 Zamora Temple to Vote*</b> </p> <p>11:15 <u>Win Schepps</u> Banjo/Vocals (CR) </p> <p><b>2:00 Bible Study w/ The Rev. Hanna</b> (C) </p> <p>3:30 Hand and Foot (CR)</p> <p>7:00 <u>Patsy-Robbie-Joe</u> Sing Along (CR) </p>	<p><b>27 CRUSH A CAN DAY</b> </p> <p>9:00 Exercise (CR) </p> <p><b>*9:30 Publix*</b></p> <p>10:30 Bingo (SR) </p> <p><b>*1:15 Winn Dixie*</b></p> <p>1:30 Wii Bowling Practice (CR) </p> <p>4:00 Residents' Social Hour (CR) </p>	<p><b>28 NAT'L GOOD NEIGHBOR DAY</b> </p> <p><b>11:00 Worship with The Rev. Hanna</b> (C) </p> <p>2:00 <u>Show Stoppers</u> Tap Dancing Ensemble (CR) </p> <p>2:30 Pool Therapy (P) </p> <p>3:15 Aquatic Stretching (P)</p> <p>4:00 Conversations with <u>Felix</u> (CR) </p>	<p><b>29 WORLD HEART DAY</b> </p> <p>9:00 Exercise (CR)</p> <p>10:30 <u>Ricky and Mary Anne</u> Banjo/Vocals (SN) </p> <p><b>*10:45 Irondale Café for Lunch*</b> </p> <p>4:00 <u>Don Lytle</u> Haiti (CR) </p> <p>7:00 Friday Night Movie (C) </p>	<p><b>30 NAT'L GHOST HUNTING DAY</b> </p> <p>10:30 Jigsaw Puzzle Mania (GR) </p> <p>6:00 Lawrence Welk Show on TV Channel 4 </p> <p> <b>AUBURN VS MISS ST. ALABAMA VS OLE MISS</b></p>											
	<p><b>**FREE MENDING**</b></p> <p> <b>DIANE-REBECCA</b> </p> <p><b>Monday</b></p> <p><b>September 11<sup>th</sup></b></p> <p><b>Cahaba Room</b></p> <p> </p> <p><b>WOODRUFF MFG</b></p> <p>REPLACE WATCH BATTERIES</p> <p> <b>**FREE**</b> </p>	<p><b>**KIRKWARES**</b></p> <p><b>Thursdays</b></p> <p><b>1:00PM - 2:30PM</b></p> <p>*****</p> <p><b>HOSPITALITY MEETING</b></p> <p><b>Monday</b></p> <p><b>September 25<sup>th</sup></b></p> <p><b>Library - 2:00PM</b></p>	<p><b>**SAVE-A-TRIP**</b></p> <p><b>CLEANERS</b></p> <p><b>-Free Pick-up-</b></p> <p><b>-Free Delivery-</b></p> <p><b>Tuesdays &amp; Fridays</b></p> <p><b>11:00 A.M.</b></p> <p><b>205-951-7771</b></p>	<p><b>**MASSAGE**</b></p> <p><b>**THERAPY**</b></p> <p><b>(By Appointment)</b></p> <p><b>Call Cheron Blythe</b></p> <p><b>September 12<sup>th</sup></b></p> <p><b>September 19<sup>th</sup></b></p> <p><b>September 26<sup>th</sup></b></p> <p><b>**9:00 AM**</b></p> <p><b>205-902-7966</b></p>	<p><b>**LEGEND**</b> </p> <table style="width: 100%; border: none;"> <tr> <td>(C) Chapel </td> <td>(LR) Living Room </td> </tr> <tr> <td>(CR) Cahaba Room </td> <td>(MDR) Main Dining Rm </td> </tr> <tr> <td>(GR) Game Room </td> <td>(P) Pool </td> </tr> <tr> <td>(H) Hideaway </td> <td>(RMP) Riverview Mtg Pl </td> </tr> <tr> <td>(KW) Kirkwares </td> <td>(SN) Skilled Nursing </td> </tr> <tr> <td>(L) Library </td> <td>(SR) Sitting Room-Kirkwood Lane </td> </tr> </table>	(C) Chapel	(LR) Living Room	(CR) Cahaba Room	(MDR) Main Dining Rm	(GR) Game Room	(P) Pool	(H) Hideaway	(RMP) Riverview Mtg Pl	(KW) Kirkwares	(SN) Skilled Nursing	(L) Library	(SR) Sitting Room-Kirkwood Lane
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\*DEPARTURE TIMES-PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.