KIRKWOOD BY THE RIVER
OCTOBER 29- NOVEMBER 4, 2017

SUNDAY 29	MONDAY 30	TUESDAY 31	WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4
ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE
PINEAPPLE JUICE	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT
GRAPEFRUIT	MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	FRENCH TOAST
BISCUITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
GRITS	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
OATMEAL	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/ POACHED)	EGGS (SCRAMBLED/POACHED	EGGS (SCRAMBLED/POACHED)
EGGS (SCRAMBLED/POACHED)	BACON	SAUSAGE	PAN SAUSAGE	BACON	PAN SAUSAGE	BACON
HAM						
POTATO	BROCCOLI & CHEESE	CHILI	BLACK BEAN	JAMBALAYA	MINESTRONE	SMOKED GOUDA BISQUE
AMBROSIA	TOSSED	TOMATO & FETA	CUCUMBER & ONION	FRUIT JELLO	SLAW	MACARONI
TROPICAL FRUIT	FRUIT COCKTAIL	GRAPES	ORANGE SLICES	PEARS	APPLESAUCE	MANDARIN ORANGES
HAMBURGER STEAK W/ GRAVY	BBQ BRISKET	SHRIMP	FRENCH DIP W/ AU JUS	PARMESAN CRSUTED TILAPIA	BACON WRAPPED MINI MEATLOAF	SLOPPY JOE ON BUN
CRAB SALAD	BAKED CHICKEN	BEEF POT ROAST W/ VEGGIES	HOMEMADE CHICKEN POT PIE	GLAZED PORK TENDERLOIN	CHICKEN & DUMPLINGS	ROASTED CORNISH HEN
BAKED POTATO	BAKED BEANS	GRITS	STEAK FRIES	STEWED APPLES	SPIRAL PASTA	FRIES
MIXED SQUASH	CORN NUGGETS	FRIED MUSHROOM	FIELD PEAS	NEW POTATOES	GREEN PEAS	GREEN PEAS
FRESH FRUIT	COLLARD GREENS	STEWED TOMATOES	WHOLE OKRA	SAUTEED GREEN BEANS	CARROT & PARINP MEDLEY	SMOKED CAULIFLOWER
RUTABAGAS	BABY CARROTS	COCONUT CAKE	STEAMED CABBAGE	MIXED VEGETABLES	STEAMED BROCCOLI	HARVARD BEETS
ASSORTED DESSERTS	LEMON CAKE		BANANA CREAM PIE	ASSORTED DESSERTS	BREAD PUDDING W/ SAUCE	PEANUT BUTTER COOKIES
	BROCCOLI & CHEESE	CHILI	BLACK BEAN	JAMBALAYA	MINESTRONE	SMOKED GOUDA BISQUE
POTATO	POTATO	SOUR CREAM & FRUIT	SLICED TOMATOES	FRUIT JELLO	CAESAR'S	PEACHES & COTTAGE CHEESE
PASTA	PINEAPPLE	APPLESAUCE	APRICOTS	APPLE	TROPICAL	BANANA
PEACHES	BBQ PULLED PORK	TUNA MELT	GLAZED HAM	SHRIMP NEWBERG	SPAGHETTI W/ MEATSAUCE	ORANGE CHICKEN
CHICKEN TENDERS	BAKED FISH	W/ CHEDDAR CHEESE	SALISBURY STEAK	CHICKEN CORDON BLEU	LEMON CAPER BAKED COD	ROAST BEEF W/ GRAVY
SMOTHERED PORK CHOP	SLAW	PORK ROAST W/ GRAVY	CREAMY MASHED TURNIPS	JASMINE RICE	BABY BAKERS	LO MEIN NOODLES
MASHED SWEET POTATOES	FRIES	CHIPS	AUGRATIN POTATOES	CORN	GARLIC BREAD	MASHED POTATOES
RICE PILAF	VEGETABLE BLEND	WILD RICE	MIXED GREENS	BROCCOLI AND CAULIFLOWER	GREEN BEAN MEDLEY	SPINACH
ROASTED TOMATO	SPINACH	FRIED OKRA	RATATOUILLE	FRIED MUSHROOMS	ROASTED BUTTERNUT SQUASH	STIR FRY VEGETABLES
BRUSSEL SPROUTS	CARROT CAKE	ROASTED SQUASH	TURTLE COOKIES	KEY LIME PIE	CHOCOLATE CAKE	LEMON PIE
SUGAR COOKIES		CHERRY COBBLER				
		PLEASE NOTE THAT DAILY MENUS WILL HAVE A HEART NEXT THAT ITEM TO DONOTE A HEARTY CHOICE MEAL				
		YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET				