

**KIRKWOOD BY THE RIVER**  
**MARCH 4-10, 2018**

SUNDAY 4	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10
CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	ORANGE JUICE	APPLE JUICE
PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	GRAPEFRUIT
BISCUIT	MUFFIN	CINNAMON ROLL	PANCAKES	BISCUIT	MUFFIN	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)
HAM	BACON	SAUSAGE	PAN SAUSAGE	BACON	SAUSAGE	BACON
CREAM OF MUSHROOM	LOADED POTATO	CHICKEN NOODLE	TOMATO BASIL	MINESTRONE	CHICKEN WILD RICE	PARMESAN SAUSAGE KALE
TOMATOES & FETA	SLAW	AMBROSIA	PASTA	LAYERED SALAD	SLAW	SOUR CREAM & FRUIT
FRUIT COCKTAIL	APPLE SLICES	TROPICAL	MANDARIN ORANGES	PINEAPPLE	BANANA	PEACHES
CHICKEN MARSALA	HAMBURGER STEAK W/ ONION GRAVY	LASAGNA	SHRIMP SCAMPI W/	CHICKEN & DUMPLINGS	PORK ROAST W/MUSHROOM GRAVY	SALMON W/ REMOLAUDE
BAKED HAM	FRIED COD	BAKED CHICKEN	WINE BUTTER SAUCE	AMBERJACK	FRIED FISH	TURKEY POT PIE
BRUSSEL SPROUTS	FRIES	GARLIC BREAD	VEAL W/ BROWN GRAVY	SUCCOTASH	STEWED APPLES	WILD RICE
ANGEL HAIR PASTA	OKRA & TOMATOES	FRIED ZUCCHINI	SPINACH	GREEN BEAN ALMONDINE	NEW POTATOES	VEGETABLE BLEND
MASHED SWEET POTATOES	BUTTERED RICE	ROASTED EGGPLANT	CARROTS	GREEN PEAS	FRIES	FRIED OKRA
SAUTEE GREEN BEANS	BLACKEYE PEAS	VEGETABLE BLEND	ANGEL HAIR PASTA	ASSORTED DESSERTS	SAUTEE BRUSSEL SPROUTS	ROASTED BUTTERNUT SQUASH
ASSORTED DESSERTS	APPLE PIE	CHEESECAKE	MASHED POTATOES		OATMEAL RAISIN COOKIES	KEY LIME PIE
			BROWNIE			
CREAM OF MUSHROOM	LOADED POTATO	CHICKEN NOODLE	TOMATO BASIL	MINESTRONE	CHICKEN WILD RICE	PARMESAN SAUSAGE KALE
MACARONI	SLICED TOMATO	AMBROSIA	POTATO SALAD	TOSSED SALAD	CUCUMBER & ONION	CAESAR'S SALAD
SLICED PEARS	ORANGE SLICES	PEACHES	APPLESAUCE	GRAPES	APRICOTS	TROPICAL FRUIT
LEMON PEPPER CATFISH	PORKLOIN W/ PEACH GLAZE	ROAST BEEF W/ GRAVY	BBQ PULLED PORK	CHRISTINE'S FRIED CHICKEN	TACO SALAD	CORNED BEEF
HAMBURGER ON BUN	SHRIMP COCKTAIL	CHICKEN POT PIE	PECAN CRUSTED CATFISH	BEEF STROGANOFF	GRILLED CHICKEN	CHICKEN PARMESAN
ONION RINGS	CORN ON THE COB	SCALLOPED POTATOES	ARTICHOKE HEARTS W/ LEMON BUT	MAC & CHEESE	SEASONED COUSCOUS	ANGEL HAIR W/ MARINARA SAUCE
NAVY BEANS	BAKED POTATO	FRIED OKRA	CORN NUGGETS	COLLARD GREENS	SAUTEE KALE AND FRESH TOMATOES	NEW POTATOES
WHOLE OKRA	SLICED CARROTS	PEAS & CARROTS	WILD RICE	BROCCOLI	BLACK BEANS	CABBAGE
CAULIFLOWER W/ RED PEPPERS	TURNIP GREENS	SAUTEE MUSHROOMS	SEASONED SQUASH & ONIONS	COCONUT CAKE	EGG CUSTARD	FRIED ZUCCHINI
ASSORTED COOKIES	SWEET POTATO PIE	PEANUT BUTTER PIE	CARROT CAKE			POUND CAKE
PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET						