

**KIRKWOOD BY THE RIVER**  
**NOVEMBER 25 - DECEMBER 1, 2018**

| SUNDAY 25                  | MONDAY 26                  | TUESDAY 27                 | WEDNESDAY 28               | THURSDAY 29                | FRIDAY 30                  | SATURDAY 1                 |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <b>BREAKFAST</b>           |                            |                            |                            |                            |                            |                            |
| CRANBERRY JUICE            | APPLE JUICE                | GRAPE JUICE                | ORANGE JUICE               | CRANBERRY JUICE            | ORANGE JUICE               | APPLE JUICE                |
| PRUNES                     | ORANGE SECTIONS            | GRAPEFRUIT                 | PRUNES                     | ORANGE SECTIONS            | GRAPEFRUIT                 | GRAPEFRUIT                 |
| BISCUIT                    | MUFFIN                     | CINNAMON ROLL              | PANCAKES                   | BISCUIT                    | MUFFIN                     | FRENCH TOAST               |
| GRITS                      | GRITS                      | GRITS                      | GRITS                      | GRITS                      | GRITS                      | GRITS                      |
| OATMEAL                    | OATMEAL                    | OATMEAL                    | OATMEAL                    | OATMEAL                    | OATMEAL                    | OATMEAL                    |
| EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) | EGGS (SCRAMBLED / POACHED) |
| BACON                      | SAUSAGE                    | BACON                      | SAUSAGE                    | BACON                      | SAUSAGE                    | BACON                      |
| <b>LUNCH</b>               |                            |                            |                            |                            |                            |                            |
| CHICKEN GUMBO              | SHRIMP & CORN CHOWDER      | CHICKEN NOODLE             | VEGETABLE                  | BEAN & HAM                 | FRENCH ONION               | TOMATO BASIL               |
| LAYERED SALAD              | PASTA SALAD                | PICKLED BEETS              | TOSSED SALAD               | PEACHES & COTTAGE CHEESE   | CARROT & RAISIN            | CUCUMBER & ONION           |
| PEARS                      | FRUIT COCKTAIL             | PEACHES                    | PINEAPPLE                  | TROPICAL FRUIT             | MANDARIN ORANGES           | BANANA                     |
| FRIED CHICKEN              | BBQ RIBS                   | PAN SEARED VEAL            | BAKED PORK CHOPS           | PAN SEARED SALMON          | TURKEY WHITE LASAGNA       | ROASTED CHICKEN WINGS      |
| SHRIMP & SAUSAGE           | FRIED CATFISH              | RANCH STYLE CHICKEN        | PARMESAN CRUSTED FLOUNDER  | ROAST BEEF                 | CAJUN RUB PORK LOIN        | SLOPPY JOE                 |
| PARMESAN CRUSTED TOMATO    | FRIED GREEN TOMATOES       | ARTICHOKES                 | BABY LIMA BEANS            | SEASONED RICE              | STEWED APPLES              | CHIPS                      |
| MAC & CHEESE               | CORN                       | W/ LEMON BUTTER            | FRIED OKRA                 | GRILLED ASPARAGUS          | ROASTED BROCCOLI           | CORN NUGGETS               |
| COLLARD GREENS             | BAKED BEANS                | RICE PILAF                 | CREAMY ORZO                | SAUTÉED CABBAGE W/ BACON   | W/ LEMON ZEST              | STEAMED CARROTS            |
| CHEESE GRITS               | MIXED GREENS               | ZUCCHINI                   | SLICED CARROTS             | BAKED POTATO               | MIXED VEGETABLES           | BOWTIE PASTA SALAD         |
| ASSORTED DESSERTS          | PECAN PIE                  | ROASTED MUSHROOMS          | POKE CAKE                  | ASSORTED DESSERTS          | GARLIC TOAST               | CHOCOLATE CHIP COOKIES     |
|                            |                            | BLUEBERRY BREAD PUDDING    |                            |                            | BUTTERSCOTCH PUDDING       |                            |
| <b>DINNER</b>              |                            |                            |                            |                            |                            |                            |
| CHICKEN GUMBO              | SHRIMP & CORN CHOWDER      | CHICKEN NOODLE             | VEGETABLE                  | BEAN & HAM                 | FRENCH ONION               | TOMATO BASIL               |
| LAYERED SALAD              | PASTA SALAD                | PICKLED BEETS              | TOSSED SALAD               | PEACHES & COTTAGE CHEESE   | CARROT & RAISIN            | CUCUMBER & ONION           |
| PEARS                      | FRUIT COCKTAIL             | PEACHES                    | PINEAPPLE                  | TROPICAL FRUIT             | MANDARIN ORANGES           | BANANA                     |
| CHICKEN CORDON BLEU        | COWBOY BURGER              | COCONUT SHRIMP             | CHICKEN & SAUSAGE          | TERIYAKI PINEAPPLE CHICKEN | FISH W/ LEMON CAPER SAUCE  | CHICKEN ETOUFFEE           |
| BEEF TIPS                  | HONEY MUSTARD BBQ CHICKEN  | MANDARIN BEEF              | JAMBALAYA                  | BAKED HAM                  | HONEY GARLIC CHICKEN THIGH | ROASTED TURKEY             |
| BUTTERED RICE              | FRIES                      | STEAMED BROCCOLI           | SWISS STEAK                | BUTTERED CAULIFLOWER       | ANGEL HAIR PASTA           | CORN PUDDING               |
| GREEN BEANS                | VEGETABLE BLEND            | PEAS AND CARROTS           | MASHED POTATOES            | EGG ROLL                   | ROASTED RED POTATOES       | GREEN BEANS                |
| SAUTÉED KALE               | PINTO BEANS                | PINEAPPLE RICE             | SAUTÉED SPINACH & TOMATO   | MASHED SWEET POTATOES      | BUTTERED SQUASH            | W/ RED PEPPERS             |
| BLACK-EYED PEAS            | RANCH CARROTS              | LO MEIN NOODLES            | BRUSSEL SPROUTS            | STIR FRY VEGETABLES        | MUSTARD GREENS             | STEAMED RICE               |
| BROWNIE                    | PEACH COBBLER              | YOGURT PARFAIT             | COCONUT CREAM PIE          | JELL-O W/ WHIP TOPPING     | PINEAPPLE UPSIDE DOWN CAKE | OKRA & TOMATO              |
|                            |                            |                            |                            |                            |                            | KEY LIME PIE               |

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL  
 YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET