

**KIRKWOOD BY THE RIVER**  
**SEPTEMBER 9 - 15, 2018**

SUNDAY 9	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	SATURDAY 15
<b>BREAKFAST</b>						
CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	ORANGE JUICE	APPLE JUICE
PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	GRAPEFRUIT
BISCUIT	MUFFIN	CINNAMON ROLL	PANCAKES	BISCUIT	MUFFIN	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)
BACON	SAUSAGE	BACON	SAUSAGE	BACON	SAUSAGE	BACON
<b>LUNCH</b>						
BROCCOLI & CHEESE	MINESTRONE	CAULIFLOWER & LEEK SOUP	PAT SHELBY'S CABBAGE & BEAN	PARMESAN SAUSAGE KALE	BEEF VEGETABLE	NORTHERN BEAN & HAM
LAYERED SALAD	TOSSED SALAD	TOMATO & ONIONS	SPINACH & STRAWBERRY SALAD	PEA & BACON SALAD	POTATO SALAD	MACARONI SALAD
PINEAPPLE	MANDARIN ORANGES	PEARS	FRUIT COCKTAIL	TROPICAL	PEACHES	APRICOTS
GLAZED HAM	TURKEY POT PIE	LEMON FRIED PORK CHOP	BACON ONION CHEESE QUICHE	CHRISTINE'S FRIED CHICKEN	ROAST BEEF	HOT DOG W/ KRAUT
BAKED CHICKEN	BALSAMIC GLAZED SALMON	TACO SALAD	HONEY BOURBON BBQ CHICKEN	MEATLOAF W/ TOMATO SAUCE	W/ MUSHROOM GRAVY	BBQ BEEF BRISKET
MIXED GREENS	STEAMED BROCCOLI	BROWN RICE	HERBED NEW POTATOES	BAKED MAC AND CHEESE	HAM LOAF W/ APRICOT GLAZE	BAKED BEANS
CARROT SOUFFLE	WILD RICE	BLACK BEANS	GREEK STYLE GREEN BEANS	TURNIP GREENS	SAUTÉED CABBAGE & ONIONS	VEGETABLE BLEND
CORN	ROASTED BUTTERNUT SQUASH	ROASTED SQUASH MEDLEY	ROASTED ASPARAGUS	ROASTED CAULIFLOWER	BAKED SWEET POTATO	BUTTERED CORN
LEMON PEPPER ZUCCHINI	SHAWANA'S STRAWBERRY	CINNAMON ROLL CAKE	MELON MEDLEY	W/ RED PEPPERS	RICE	FRIES
ASSORTED DESSERTS	WHIPPED PIE		YELLOW CAKE	MASHED POTATOES	SQUASH & ONIONS	OATMEAL RAISIN COOKIES
			W/ CHOCOLATE ICING	CHEESECAKE	CHOCOLATE CREAM PIE	
<b>DINNER</b>						
BROCCOLI & CHEESE	MINESTRONE	CAULIFLOWER & LEEK SOUP	PAT SHELBY'S CABBAGE & BEAN	PARMESAN SAUSAGE KALE	BEEF VEGETABLE	NORTHERN BEAN & HAM
LAYERED SALAD	TOSSED SALAD	TOMATO & ONIONS	SPINACH & STRAWBERRY SALAD	PEA & BACON SALAD	POTATO SALAD	MACARONI SALAD
PINEAPPLE	MANDARIN ORANGES	PEARS	FRUIT COCKTAIL	TROPICAL	PEACHES	APRICOTS
CHEESY BEEF CASSEROLE	VEAL PICCATA	CHICKEN AND DUMPLINGS	CHICKEN TETRAZZINI	CITRUS SHRIMP	FRIED CATFISH	GRILLED CHICKEN
FRIED HADDOCK	CRAB SALAD W/ FRUIT	RUBEN SANDWICH	NEW ENGLAND FISH CAKE	BROWN SUGAR PORK LOIN	GRILLED CHICKEN TENDERS	CAESAR SALAD
GREEN BEANS	BRUSSEL SPROUTS	FRIED OKRA	W/ HERBED SAUCE	BUTTERED PASTA	FRIED GREEN TOMATOES	COUNTRY FRIED STEAK
GARLIC BREAD	FETTUCCHINI	CHIPS	ROASTED BEETS	PLANTAINS	SLAW	MASHED POTATOES
ROASTED EGGPLANT	MAPLE CARROTS	PEAS & CARROTS	VEGETABLE MEDLEY	PARMESAN ZUCCHINI	BUTTERED CARROTS	GREEN BEANS
CABBAGE W/ BACON	LEMON CAKE	ASHIKA'S BUTTERMILK PIE	ROASTED TOMATOES	YELLOW RICE W/ BLACK BEANS	STEAMED SPINACH	ROASTED TOMATO
CARROT CAKE			PEANUT BUTTER PARFAIT	DREAMSICLE CAKE	TOASTED COCONUT CAKE	PECAN PIE
			W/ OREOS			

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL  
 YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET