

KIRKWOOD BY THE RIVER

July 8 - 14, 2018

SUNDAY 8	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	SATURDAY 14
BREAKFAST						
ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE
GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT
BISCUITS	MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)
HAM	BACON	SAUSAGE	PAN SAUSAGE	BACON	PAN SAUSAGE	BACON
LUNCH						
GUMBO	ASPARAGUS CREAM SOUP	CHICKEN NOODLE	LOADED POTATO	NORTHERN BEAN SOUP	CARROT SOUP	VEGETABLE BEEF
LAYERED SALAD	FRUITED JELL-O	CUCUMBER & ONIONS	TOSSED SALAD	PEACHES & COTTAGE CHEESE	POTATO SALAD	CARROT & RAISIN
FRESH ORANGE SLICES	PINEAPPLE	PEACHES	GRAPES	TROPICAL FRUIT	SLICED ORANGES	BANANA
CHICKEN & WAFFLES	HONEY ROASTED TURKEY	PARMESAN CRUSTED HADDOCK	VEAL MARSALA	COCONUT SHRIMP	FRIED CATFISH	BEER BRAT W/ KRAUT
SHRIMP & SAUSAGE	HAM STEAK	RANCH STYLE CHICKEN	BAKED WINGS	PORK LOIN W/ APPLES	BBQ BRISKET	CHICKEN CORDON BLEU
PARMESAN CRUSTED TOMATOES	CORN PUDDING	PINTO BEANS	LIMA & OKRA	ARTICHOKES W/ LEMON BUTTER	HUSHPUPIES	CHIPS
SKILLET POTATOES	BAKED SWEET POTATO	WILD RICE	ANGEL HAIR PASTA	CHILE LIME QUINOA	BAKED BEANS	AU GRATIN POTATOES
BALSAMIC MUSHROOMS	BUTTERED SQUASH	BROCCOLI	SPINACH	SAUTÉED GREEN BEANS	SQUASH CASSEROLE	SPINACH & BROCCOLI
CHEESE GRITS	PEAS & CARROTS	HARVARD BEETS	GRILLED ZUCCHINI	W/ PEPPERS	SLAW	CASSEROLE
ASSORTED DESSERTS	CHOCOLATE CAKE	EGG CUSTARD PIE	POKE CAKE	BLACKEYE PEAS	OREO CHEESECAKE	MIXED SQUASH
				ASSORTED DESSERTS		ASSORTED COOKIES
DINNER						
GUMBO	ASPARAGUS CREAM SOUP	CHICKEN NOODLE	LOADED POTATO	NORTHERN BEAN SOUP	CARROT SOUP	VEGETABLE BEEF
LAYERED SALAD	FRUITED JELL-O	CUCUMBER & ONIONS	TOSSED SALAD	PEACHES & COTTAGE CHEESE	POTATO SALAD	CARROT & RAISIN
FRESH ORANGE SLICES	PINEAPPLE	PEACHES	GRAPES	TROPICAL FRUIT	SLICED ORANGES	BANANA
CABBAGE ROLL	LIVER & ONIONS	STEWED PORK W/ RED SAUCE	CHICKEN ALFREDO	STUFFED BELL PEPPERS	FRIED CHICKEN TENDERS	SALISBURY STEAK
PORK ROAST	FLOUNDER	COUNTRY FRIED STEAK	BEEF TIPS	TERIYAKI CHICKEN	SAUSAGE JAMBALAYA	GOURMET TURKEY BURGER
SWEET POTATO	STEAMED RICE	BABY CARROTS	RICE	MASHED POTATOES	ONION RINGS	SWEET POTATO FRIES
SLICED CARROTS	DRY LIMA BEANS	GREEN PEAS & PEARL ONIONS	GARLIC BREAD	EGG ROLLS	ROASTED CAULIFLOWER	RICE
STEAMED ZUCCHINI	VEGETABLE BLEND	ORZO	SAUTÉED KALE & TOMATOES	STIR FRY VEGETABLES	GRILLED VEGETABLES	GREEN BEAN MEDLEY
POUND CAKE	CABBAGE	BUTTERSCOTCH PUDDING	BROCCOLI	COCONUT CREAM PIE	PINEAPPLE UPSIDE DOWN CAKE	STEWED TOMATOES
	PEACH BREAD PUDDING	W/ WHIPPED TOPPING	BROWNIE			KEY LIME PIE

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL
YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET