

KIRKWOOD BY THE RIVER
JUNE 10-16, 2018

SUNDAY 10	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	SATURDAY 16
ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE
GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT
BISCUITS	MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)	EGGS (SCRAMBLED / POACHED)
HAM	BACON	SAUSAGE	PAN SAUSAGE	BACON	PAN SAUSAGE	BACON
TOMATO BASIL	BROCCOLI & CHEESE	CHICKEN NOODLE	LOADED POTATO	CHILI	CREAM OF MUSHROOM	VEGETABLE BEEF
LAYERED SALAD	FRUITED JELL-O	CARROT & RAISIN	ARABIAN	TAHITIAN MIST	POTATO SALAD	BROCCOLI & RAISIN
FRESH ORANGE SLICES	PINEAPPLE	PEACHES	GRAPES	TROPICAL FRUIT	SLICED ORANGES	GRAPES
CHICKEN & WAFFLES	HONEY ROASTED TURKEY	BEEF FAJITA	VEAL MARSALA	COCONUT SHRIMP	FRIED CATFISH	BEER BRAT W/ KRAUT
BAKED SALMON	HAM STEAK	RANCH STYLE CHICKEN	BAKED WINGS	GLAZED PORK LOIN	BBQ CHICKEN	CHICKEN CORDON BLEU
ROASTED TOMATO	CORN PUDDING	BLACK BEANS	BABY LIMA	SAUTÉED APPLES	HUSHPUPIES	FRIES
SKILLET POTATOES	BAKED SWEET POTATO	WILD RICE	ORZO	SESAME RICE	BAKED BEANS	AU GRATIN POTATOES
ASPARAGUS	BUTTERED SQUASH	BROCCOLI	SPINACH	SAUTÉED GREEN BEAN	SQUASH CASSEROLE	CREAMED SPINACH
CHEESE GRITS	BRUSSELS SPROUTS	WHOLE OKRA	GRILLED ZUCCHINI	BLACKEYE PEAS	SLAW	MIXED SQUASH
ASSORTED DESSERTS	CARROT CAKE	EGG CUSTARD PIE	BOSTON CREAM PIE	ASSORTED DESSERTS	ASSORTED COOKIES	CHOCOLATE CAKE
TOMATO BASIL	BROCCOLI & CHEESE	CHICKEN NOODLE	LOADED POTATO	CHILI	CREAM OF MUSHROOM	VEGETABLE BEEF
SOUR CREAM & FRUIT	SLAW	CUCUMBER & ONION	TOSSED SALAD	PEACHES & COTTAGE CHEESE	CAESAR'S SALAD	MACARONI SALAD
FRUIT COCKTAIL	APRICOT	FRESH APPLE SLICES	PINEAPPLE CHUNKS	APPLESAUCE	FRUIT COCKTAIL	PINEAPPLE
CRAB CAKE W/ DILL SAUCE	BEEF TIPS	BBQ PULLED PORK ON BUN	CHICKEN PASTA PRIMAVERA	GLAZED MEATLOAF	FRIED CHICKEN TENDERS	GROUND SIRLOIN MUSHROOM
PORK TENDERLOIN W/ GRAVY	SAUSAGE W/ PEPPERS & ONIONS	SHRIMP & GRITS	COUNTRY FRIED STEAK	PINEAPPLE CHICKEN	HAWAIIAN PORK	BURGER W/ GRAVY
BAKED POTATO	STEAMED RICE	BABY CARROTS	RICE	MASHED POTATOES	ONION RINGS	BAKED GROUPEL
SLICED CARROTS	DRY LIMA BEANS	GREEN PEAS & PEARL ONIONS	GREEN BEANS	ASPARAGUS	CALICO RICE	W/ LEMON BUTTER
OKRA & TOMATOES	VEGETABLE BLEND	SWEET POTATO FRIES	ROASTED TOMATO	EGG ROLLS	COLLARD GREENS	GARLIC MASHED POTATOES
STEAMED ZUCCHINI	CABBAGE	BUTTERSCOTCH PUDDING	BROWNIE	STIR FRY VEGETABLES	GRILLED VEGETABLES	BLACKEYE PEAS
POUND CAKE	TURTLE COOKIES	W/ WHIPPED TOPPING		LEMON PIE	PINEAPPLE UPSIDE	GREEN BEAN MEDLEY
					DOWN CAKE	STEWED TOMATOES
						SUGAR COOKIES

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL
YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET