

# KIRKWOOD BY THE RIVER

May 13-19, 2018

SUNDAY 13	MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18	SATURDAY 19
ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE	GRAPE JUICE	ORANGE JUICE	CRANBERRY JUICE	APPLE JUICE
GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT	PRUNES	ORANGE SECTIONS	GRAPEFRUIT
BISCUITS	MUFFINS	CINNAMON ROLL	PANCAKES	BISCUITS	MUFFINS	FRENCH TOAST
GRITS	GRITS	GRITS	GRITS	GRITS	GRITS	GRITS
OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL	OATMEAL
EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/ POACHED)	EGGS (SCRAMBLED/POACHED)	EGGS (SCRAMBLED/POACHED)
HAM	BACON	SAUSAGE	PAN SAUSAGE	BACON	PAN SAUSAGE	BACON
	BROCCOLI & CHEESE	CHICKEN NOODLE	LOADED POTATO	CHILI	CREAM OF MUSHROOM	VEGETABLE BEEF
LAYERED SALAD	FRUITED JELL-O	CARROT & RAISIN	ARABIAN	TAHITIAN MIST	POTATO SALAD	BROCCOLI & RAISIN
FRESH ORANGE SLICES	PINEAPPLE	PEACHES	GRAPES	TROPICAL FRUIT	SLICED ORANGES	GRAPES
CHICKEN & WAFFLES	HONEY ROASTED TURKEY	BEEF FAJITA	VEAL MARSALA	COCONUT SHRIMP	FRIED CATFISH	HOT DOG W/ KRAUT
SALMON	HAM STEAK	RANCH STYLE CHICKEN	BAKED WINGS	GLAZED PORK LOIN	BBQ CHICKEN	CHICKEN CORDON BLEU
W/ ORANGE HOLLANDAISE	CORN PUDDING	BLACK BEANS	BABY LIMA	SAUTÉED APPLES	HUSHPUPIES	FRIES
ROASTED TOMATO	BAKED SWEET POTATO	WILD RICE	ORZO	SESAME RICE	BAKED BEANS	AU GRATIN POTATOES
SKILLET POTATOES	BUTTERED SQUASH	BROCCOLI	SPINACH	SAUTÉED GREEN BEAN	SQUASH CASSEROLE	CREAMED SPINACH
ASPARAGUS	BRUSSELS SPROUTS	WHOLE OKRA	GRILLED ZUCCHINI	BLACKEYE PEAS	SLAW	MIXED SQUASH
CHEESE GRITS	CARROT CAKE	EGG CUSTARD PIE	ASSORTED COOKIES	ASSORTED DESSERTS	ASSORTED COOKIES	CHOCOLATE CAKE
ASSORTED DESSERTS						
TOMATO BASIL	BROCCOLI & CHEESE	CHICKEN NOODLE	LOADED POTATO	CHILI	CREAM OF MUSHROOM	VEGETABLE BEEF
SOUR CREAM & FRUIT	SLAW	CUCUMBER & ONION	TOSSED SALAD	PEACHES & COTTAGE CHEESE	CAESAR'S SALAD	MACARONI SALAD
FRUIT COCKTAIL	APRICOT	FRESH APPLE SLICES	PINEAPPLE CHUNKS	APPLESAUCE	FRUIT COCKTAIL	PINEAPPLE
BAKED FISH	BEEF TIPS	BBQ PULLED PORK ON BUN	CHICKEN PASTA PRIMAVERA	GLAZED MEATLOAF	FRIED CHICKEN TENDERS	GROUND SIRLOIN MUSHROOM
PORK TENDERLOIN W/ GRAVY	SAUSAGE	SHRIMP & GRITS	COUNTRY FRIED STEAK	PINEAPPLE CHICKEN	HAWAIIAN PORK	BURGER W/ GRAVY
BAKED POTATO	W/ PEPPERS & ONIONS	ANGEL HAIR PASTA	RICE	MASHED POTATOES	ONION RINGS	BAKED FISH W/ LEMON BUTTER
SLICED CARROTS	STEAMED RICE	BABY CARROTS	GREEN BEANS	ASPARAGUS	CALICO RICE	GARLIC MASHED POTATOES
OKRA & TOMATOES	DRY LIMAS	GREEN PEAS & PEARL ONIONS	ROASTED TOMATO	EGG ROLLS	COLLARD GREENS	BLACKEYE PEAS
STEAMED ZUCCHINI	VEGETABLE BLEND	SWEET POTATO FRIES	BROWNIE	STIR FRY VEGETABLES	GRILLED VEGETABLES	GREEN BEAN MEDLEY
POUND CAKE	CABBAGE	BUTTERSCOTCH PUDDING		LEMON PIE	PINEAPPLE UPSIDE	STEWED TOMATOES
	TURTLE COOKIES	W/ WHIPPED TOPPING			DOWN CAKE	SUGAR COOKIES

PLEASE NOTE THAT YOUR DAILY MENUS WILL HAVE A HEART NEXT TO THAT ITEM TO DENOTE A HEALTHY CHOICE MEAL  
YOU CAN CHOOSE ANY BREAD WITH YOUR MEAL AND FOR DESSERT HAVE FRUIT OR SUGAR FREE ICE CREAM OR SHERBET